

PERSONAL  
INFORMATION

Irene Rinaldi



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Social Security Number RNLRN180C63H501X

Female | Date of birth 23/03/1980 | Italian Nationality

WORK EXPERIENCE

(from March  
2021 to today)

**Hawaiian Lomi Lomi Nui Massage Practitioner**

(Agàpi Center), Rome i

Practice of the Hawaiian massage technique which aims to bring relax, harmony, through breath, dance, touch and music. The elbows, forearms, palms of the hands, fingers, knees and feet are used to massage different parts of the body, with a series of slow, long, rhythmic manual movements alternating with phases of relaxation and rocking. Oils and essences with particular properties accompany the treatment.

Sector: Holistic Massage

(August 6, 2017)

**Yoga Teacher**

Yoga Festival Roma (ISOLA DEI LABORATORI, Villa Comunale Parco Fondazione Cariciv – Tolfa)

<http://www.hamsa.it/6-agosto-2017-tolfarte-kids/>

Sector: Yoga

- Group Viniyoga practice for adults and children to find out that helping the other and being helped leads to communicate and to be aware of own emotions.

(September 20, 2014  
September 12, 2015)

**Lecturer and Yoga Teacher**

Yoga Festival Roma (Cascina Farsetti – Villa Doria Pamphilj)

<http://www.yogafestival.it/roma/registrazione-eventi/?ee=95>

Sector: Yoga

- Yoga practice, according to the Viniyoga Method, thought of those who use the voice and body as a tool for a daily work: actors, singers, teachers, talk-showmans, dubbers...or those who want to deepen the bond between the voice and the breath.

(from October 2013 – to today)

**Singing Teacher**

School of Music "Fratelli Cervi" and The Cultural Association "Armonia dei Contrari", Rome

- vocal technique lessons and interpretation of opera arias, arias chamber, sacred arias, songs, lieder, chansons, songs from the repertoire of musicals and soundtracks.

Sector: Music

(from 2011- to today)

## Yoga Teacher

"Bel Respiro" Center (Villa Pamphilj, Vitelia Street 102); "Kylan Center" (Palazzo Taverna, Monte Giordano Street 36); The Cultural Association "Armonia dei Contrari", Quattro Venti Street 38) Clivo Bistrot (Via Clivo Rutario 63/65A) , Yoganostress (Via Vittorio Spinazzola 52) and l'Associazione OroInCentri (Via Pietro della Valle, 13C, Roma.

## Yoga Teacher with some substitutions

Integral Yoga Association San Paolo Sports Center, founded in 1987, Villa York Sporting Club (Gianicolo venue) and Vivi Bistrot in the free Yoga review "Vivi il Saluto al Sole" at Villa Pamphilj.

- Yoga classes individual and group

Sector: Yoga

(from 2000- to today)

 Artist and singer for shows, weddings and other ceremonies. Event organizer  
 Different agencies and private

- Performances as a soloist, with other artists and musicians, in several theaters, such as The Ghione Theater (<http://www.teatroghione.it/>), The Vascello Theater (<http://www.teatrovascello.it/>), Tirso de Molina Theater (<http://www.teatrotirsodemolina.it/>), Ambra Jovinelli Theater (<http://www.ambrajovinelli.org>), Scuderie Villino Corsini Theater (<http://www.casadeiteatri.roma.it/teatro-scuderie-villino-corsini>); and in some important concert halls, such as Caravita's Oratory, Hall of The Policlinico "A. Gemelli", Santa Rita's concert-hall, Basilica San Marco Evangelista in Campidoglio, Santa Maria in AraCoeli's Church. Event organizer for shows, concerts, for weddings and other ceremonies. Creator of the "Dolci Melodie", meetings to tell, to understand, appreciate and spread the music. After listening, sharing moments, accompanied by homemade pastries. Rome

Sector: Music

(from 2005- to 2009)

## Collaborator insurance

Insurance agency "Fondiarina Sai"(Fonteiana Street 2, Rome)

- Car insurance, accident and sickness rco-fire-theft – life insurance

Sector: Insurance

(from 1998 – to 2000)

## Assistant teachers of ISEF

Pisana Sporting Club (Rome)

Sector: Insurance

## EDUCATION AND TRAINING

 (Study Certificates: <http://www.hamsa.it/en/556-2/>)

(From March 2021 to today)

Hawaiian Lomi Lomi Nui Massage  
 Professional training course  
 (Centro Agàpi), Rome

(Febbraio 2020)

CSEN Yoga Certification Ginnastica Yoga for children.  
 Yoga and MeditationTeacher for children- BalyaYoga  
 Method  
 (Centro Sportivo Pio IX), Rome

(February 2019)

CSEN Yoga Certification  
 CSEN (Centro sportivo educativo nazionale), Rome

(June 2018)	Cambridge English ESOL International Level B1	I
(from dal 2013 –to 2014)	International House, Accademia Britannica, Rome Course of Sanskrit ( kaniṣṭha level)	I
	BhaktiVedanta Library, (Bibliothè, Via Celsa 4-5, Roma) ▪ Essential lines of the alphabet, phonetics, grammar of Sanskrit, in order to provide the language basics to get closer to the great classics of Indian literature. Professor Dr. Iacopo Nuti.	t
(from October 2007 – to June 2011)	KHYF Yoga Teacher Certification	t
	KHYF (Krishnamacharya Healing and Yoga Foundation) - Yoga Darshana, Rome ▪ Asana; Pranayama, Bandha; Mantra; Mudra and Study of the Yoga Sutras of Patanjali. (Professor Marina Laurenzana.)	
( from November 2005 - to September 2010)	Degree in singing	Livello QEQ 7/10f
	Conservatory of Santa Cecilia (Via dei Greci 18 , Rome) ▪ Singing, as a main subject. Complementary subjects: piano, choir, sight reading of a score, scenic art, history of music, harmony, poetic and dramatic literature. Concerts in the choir of the Conservatory of Santa Cecilia.	
( from November 2005 - to September 2011)	Collaborator insurance	
	Agenzia Fondiaria – Sai, Rome. ▪ Training / update. Subject: insurance. Basic Principles of the Civil Code, Insurance Code, ISVAP Regulation, Non-life (self-injury-rcd-disease-fire-theft), Life insurance, providence.	
( from October 2006 – to January 2007)	Course of diction and dubbing	
	Piccola Accademia della Comunicazione e dello Spettacolo” of Stefano Jurgens ▪ Acting, diction and dubbing with Paola Maffioletti, Franco Oppini Massimo Turci, Jack La Cayenne.	
(2005)	Course of cinematography	
	Piccola Accademia della Comunicazione e dello Spettacolo” of Stefano Jurgens Libreria del cinema, in Trastevere, Rome ▪ “Directing” with Giuseppe Piccioni, Daniele Lucchetti and Antonello Grimaldi. “ Film review” with Flavio De Bernardinis. “Screenplay” with Franco Bernini and Gualtiero Rosella “Background music and Soundtracks” with Ludovico Einaudi.	
(January 2003)	Bachelor degree of Musicoterapy	Level EQF 108/110t
	“Glass Harmonica”, Rome ▪ “ Musicoterapy, Psychology, Medicine, Music Hystory, Dance Therapy. Rolando Omar Benenzon’s method.	
( July 1999)	School – leaving certificate	Level EQF 7/10t

John Fitzgerald Kennedy High School State, (Nicola Fabrizi Street 7, Rome)

- “ Italian language and literature, Latin language and culture, English language and culture, History and Philosophy, Math and Physics; Natural Sciences, Design and Art History; Science and Sports; Civics.

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**PERSONAL SKILLS**

- Mother tongue(s)** Italian
- Another languages** English (Cambridge English Level Certificate in ESOL International B1)
- Communication skills** I have good communication skills acquired during my experience of organizer and presenter of musical events.
- Computer skills** Good knowledge of Microsoft Office (word, excel, powerpoint, e-mail).
- Other skills** Excellent capacity and skills of relationship.
- Driving licence** ▪ B and A3

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**ADDITIONAL INFORMATION**

- Publications**
- Presentations**
- Projects**
- Conferences**
- Seminars** Yoga seminar “Un orchestra: la voce e il respiro” Yoga Festival Rome 7th and 8th Edition, September 2014 and 2015 Cascina Farsetti, Parco di Villa Pamphilj.
- Honours and awards** Culture Prize of Presidenza Consiglio dei Ministri "Arte d'Autunno", National Exhibition of Poetry, Prose, Art and Entertainment, XXIII Edition, at Sala Protomoteca of Campidoglio, Rome (November 2014)
- Memberships**
- References**

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**ANNEXES**

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